

Key Stage 2 Dance and Recorders curriculum

YEAR 3

Dance:

- Introduce basic technical steps
- Introduce a variety of dance moves in different styles
- Start to work on the foundations of dance; strength, flexibility, discipline, co-ordination, musicality, stamina, grace, spatial awareness
- Allow children to start to own the language of dance and create their own, simple routines
- Start to instill a sense of body and movement confidence in all children
- Introduce simple warm ups and dance routines

Recorders:

- Introduce the way to sit, hold and blow through the instrument
- Introduce the basics of music reading
- Introduce simple notes, including B, A and G
- Introduce simple pieces

YEAR 4

Dance:

- Build on year 3 learning, introducing more complex steps and moves
- Consolidate dance styles and introduce new ones
- Regular practice of the foundations of dance
- Continue to give children time to create their own routines
- Continue to instill body and movement confidence in all children
- Introduce new, more challenging warm ups and dance routines

Recorders:

- Ensure students are sitting and holding and blowing instrument correctly
- Continue with music reading practice
- Recap simple notes and introduce new notes
- Introduce more challenging pieces

YEAR 5

Dance:

- Continue adding new steps and moves, increasing in difficulty
- Consolidate dance styles and introduce new ones
- Regular practice of the foundations of dance
- Continue to give children time to create their own routines, ensuring they include steps, moves and techniques learnt in class as well as their own ideas
- Continue to instill body and movement confidence in all children
- Introduce more challenging warm ups and dance routines, ensuring they reach a standard of excellence for public performance

Recorders:

- Continue with music reading practice
- Recap all notes learnt and introduce new notes
- Introduce more challenging pieces
- Introduce harmonies, cannons, rounds and individual playing

YEAR 6

Dance:

- Continue adding new steps and moves, increasing in difficulty
- Consolidate dance styles and introduce new ones
- Regular practice of the foundations of dance
- Continue to give children time to create their own routines, ensuring they include steps, moves and techniques learnt in class as well as their own ideas
- Focus heavily on body and movement confidence in all children, in preparation for the Year 6 production
- Introduce complex warm ups and dance routines, ensuring they reach a standard of excellence for public performance
- Ensure children are comfortable dancing in different groups, individually, in mixed groups and without teacher leading

Recorders:

- Continue with music reading practice
- Recap all notes learnt and introduce new notes
- Introduce more challenging pieces and ensure a standard of excellence
- Continue work on harmonies, cannons, rounds and individual playing